



JUNE E-NEWSLETTER

Making mental health accessible to all.

PEOPLE
INCORPORATED

This Is Me: Works in Progress

A New Artability Exhibition Exploring Identity, Storytelling, and Self-Expression

Art has the power to help us understand ourselves—and each other—in deeper, more meaningful ways.

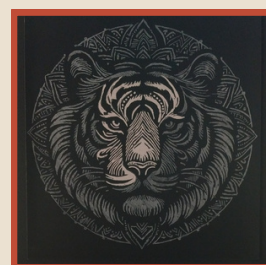
That's the inspiration behind This Is Me: Works in Progress, a new 2026 exhibition presented through a collaboration between Artability, the University of Minnesota's Center for the Art of Medicine (CFAM), and the Center for Health Interprofessional Programs (CHIP).

Together, this partnership brings art, storytelling, and community into one shared space—inviting artists and writers to explore identity, lived experience, and personal expression through creative work.

About the Exhibition

Through both visual art and storytelling, this portrait-based exhibition highlights how creative expression can:

- Illuminate identity
- Support healing
- Foster connection
- Build understanding across communities



2026 ARTABILITY

Coming Into the Light by Saber Demare

The exhibition will be on view June through September by appointment only at the University of Minnesota Health Sciences Education Center, culminating in a public, community reception and live storytelling showcase in early September.

[CLICK HERE TO LEARN MORE](#)

COMMUNITY CONVERSATIONS & CONFERENCE

YOUTH MENTAL HEALTH & DIGITAL WELLNESS

July 22nd, 2026 | 8:00 AM - 1:00 PM

 Saint Paul College: 235 Marshall Ave, Saint Paul, MN, 55102

[CLICK HERE TO REGISTER](#)

ABOUT THE CONFERENCE

In partnership with the Training Institute, this year's conference explores how digital environments are shaping youth mental health and what that means for those working with children and families.

CEU and professional development hours will be available for eligible professionals. Registration is \$25.

Thank You to Our Sponsors



OPENING KEYNOTE



Erin Walsh

Author and Co-founder of
Spark & Stitch Institute

Get Involved with At Bat For Impact!

This Minnesota Twins and Thrivent initiative supports local nonprofits like People Incorporated. Now through June 21st, your engagement helps unlock donation dollars.

**[CLICK HERE TO MAXIMIZE
IMPACT IN THE COMMUNITY](#)**



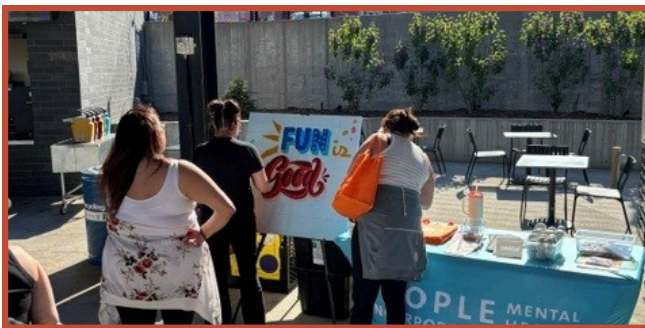
Home Run Updates



Mental Health Game at the Saint Paul Saints

People Incorporated had a great time with the Saint Paul Saints for Mental Health Awareness month. We engaged with fans of all ages through an interactive Artability painting, and conversations about mental health.

We're grateful for partnerships like this that allow us to engage with people in our community, and help expand awareness and strengthen connections on mental health.



Mental Health Game at the Minnesota Twins

People Incorporated also partnered with the Minnesota Twins for a Mental Health Awareness game, engaging with many fans through a vibrant Artability activation that encouraged creative expression and conversation around mental health.

We were able to raise awareness and connect with more members of the community, helping expand understanding of mental health and the services provided by People Incorporated.



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