



## People Incorporated x Twins At Bat For Impact

We're excited to be part of At Bat for Impact, a Twins and Thrivent initiative supporting local nonprofits focused on care and connection. At Bat for Impact highlights community service in Minnesota and invites fans to vote for their favorite nonprofits centered on inspiring healthy minds and nourishing active bodies for kids and families across Twins territory.

### How It Works

With engagement from employees, clients, and Twins fans, People Incorporated—along with three other "Care & Connection" organizations—can unlock donation dollars from May 12 through June 21. At the end of the time frame, funds will be donated to each organization. The more fans engage and learn about this cohort of nonprofits, the more donation dollars are unlocked. There is no competition—all organizations win together through the power of Twins fans!

### When It's Happening

Engagements benefitting People Incorporated run May 12–June 21.

The spotlight featuring People Incorporated launches on Tuesday, May 12. Please click below from May 12 to June 21, and unlock dollars for People Incorporated!



[CLICK HERE TO  
ACCESS THE FORM](#)



Coming Into the Light by Saber Demare

## Introducing a New Artability Exhibition

## This Is Me: Works in Progress

*Artability x CFAM x CHIP*

We're excited to announce a new partnership between Artability, the University of Minnesota Center for the Art of Medicine (CFAM), and the Center for Health Interprofessional Programs (CHIP) to present a special exhibition exploring identity, lived experience, and self-expression through portrait-based works.

As part of the exhibition reception, three to five writers will also be selected to present a live reading of a personal narrative connected to the theme, "This Is Me."

Interested participants must submit a written story for consideration via the submission form. If selected, coaching sessions will be provided by the U of M and the Artability Creative Writing Teaching Artist.

There are also a variety of workshops supporting the new exhibition that will be offered over the next few months and are open to the public.

[CLICK HERE FOR THE FULL WORKSHOP LIST](#)

### KEY INFORMATION:

Venue: University of Minnesota Medical School

Exhibition on View: June –September, with Artist Reception in September

**PEOPLE**  
INCORPORATED  
MENTAL HEALTH SERVICES

&

**TRAINING**  
INSTITUTE  
PEOPLE INCORPORATED

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# Celebrating Mental Health Awareness Month

“MENTAL HEALTH IS COMMUNITY HEALTH.”

- Jill Wiedemann-West, CEO



Mental Health Awareness Month takes place in May, and we're using this time to highlight the importance of mental health. We also recognize and celebrate the incredible work our team at People Incorporated and beyond does every day to support individuals and families in their mental health journey.

When individuals have access to support that helps their mental well-being, families are stronger, communities are healthier, and systems—from schools to workplaces—function more effectively. Mental health impacts not only personal outcomes, but the overall health of Minnesota and beyond. This month is an important opportunity to recognize how prioritizing mental health awareness and access strengthens our communities and reduces barriers to care.

## Artability Sets a New Workshop Record

In April, Artability hosted a writing workshop titled “Writing the Unsayable.”

This workshop welcomed over 35 artists—setting a new attendance record for an Artability workshop.

Through guided prompts and poetry, participants practiced expressing the inexpressible and exploring their voices through writing.

## WHERE PEOPLE INCORPORATED WILL BE NEXT

Saint Paul Saints Game—Art Day in the Park

- Explore art activities around the stadium
- Connect with Artability and paint on the community art board

Minnesota Twins Mental Health Day Game

- Paint on the Artability art board
- Enjoy People Incorporated staff singing at the 7<sup>th</sup> inning stretch



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