



E-NEWS: AUGUST

People Incorporated Mental Health Services

In June, we celebrated the Open House & Ribbon Cutting of Shamrock Residence!

This dignified, trauma-informed, accessible home is for adults with mental illnesses who want to live independently with support and age in place with a sense of community. We have refined what community living looks like and are using this home as a model for the future.



This day and project would not have been possible without our incredible donors. We are deeply grateful for your support, which allows us to better serve our clients and their needs in our community.

CIRCUS JUVENTAS AND PEOPLE INCORPORATED NEWSLETTER COLLAB

People Incorporated will be featured in the Circus Juventas monthly newsletter, offering mental health tips, awareness, and more for families.

Our section is titled- Balancing Acts: Mind Tips: Your monthly dose of mental health wisdom from People Incorporated.

[Stay engaged and Sign Up here!](#)

2025 Becker's Behavioral Health Summit

Photographed from left to right: Veronika E. Mix, Jill Wiedemann-West, and Dr. Beverly Lewis



We had the privilege of attending Becker's Healthcare's inaugural Behavioral Health Summit — an inspiring gathering of thought leaders committed to advancing mental and behavioral health support and services.

The summit spotlighted the urgent need for collaboration across systems and providers to ensure individuals and families receive the care they deserve. A huge thank you to Becker's Healthcare, the organizers, and all the speakers for creating space for these critical conversations.

-Veronika E. Mix

Emmaline Childs is an influencer and content creator. She sparks honest conversations about mental health and self-care. Emmaline was also a panelist at the 2025 Community Conversations & Conference and has visited our Artability workshops. In partnership with People Incorporated, Emmaline made a video about visiting Artability!

[Click Here to watch Emmaline's Video!](#)

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2025 Community Conversations & Conference

We had an incredible time at the first annual 2025 Community Conversations & Conference! More than 50 attendees gathered at Saint Paul College, including professionals, community members, and thought leaders for a day of education, inspiration, and collaboration. This year's theme focused on navigating mental health challenges in times of uncertainty.



Make a Lasting Difference: Set Up a Recurring Gift

Recurring donations are the heartbeat of our mission. They allow us to plan ahead, respond quickly, and sustain vital programs like school-based mental health services and community outreach. Setting up a recurring gift is simple and secure. Choose your amount and frequency, and your support will go to work every month helping people access care, stability, and hope. A substantial percentage of Minnesotans, both adults and youth, report symptoms of anxiety and depression, and many face barriers to accessing necessary mental health services. Start your monthly gift today and become a sustaining partner in mental health.

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