

E-NEWS: MAY

People Incorporated Mental Health Services



Located in the heart of North Minneapolis, the Northside Community Support Program (NCSP) Community Center is a beacon of hope and provides services for individuals grappling with mental health challenges. One of the most heartwarming initiatives is the free membership offered to these individuals, creating an inclusive and supportive environment. Partnering with local barbers, the NCSP ensures members can receive complimentary haircuts, boosting their self-esteem and providing a service that many cannot afford.

**Join People
Incorporated's
Northside
Community Support
Program for a free
membership**

Beyond this, the center offers countless services designed to support its members. These include skill development support groups, Artability workshops, and assistance with paperwork related to benefits such as SSI and insurance applications. Additionally, members can access essential resources for housing programs, monthly food boxes, and access to free laundry services, further enhancing the holistic approach to care provided by the NCSP Community Center. This center is a testament to the power of community and the importance of comprehensive support systems.

People Incorporated will Attend and Sing at the Minnesota Twins Mental Health Day Game!

Activities Onsite:

- People Incorporated staff singing their hearts out at the 7th inning stretch
- Leave your mark on People Incorporated's Artability Art Board
- Raffles for prizes



Make a gift in honor of any special occasion. Gifts can also be made in memory of loved ones. People Incorporated will send a special note to the person or family you chose to honor if you provide their contact information. [Give Here](#)

Celebrating Mental Health Awareness Month

May is Mental Health Awareness Month, another opportunity in the year to spotlight mental health and the incredible work being done to support individuals and families in their mental health journey. People Incorporated is dedicated to taking an integrated and holistic approach to mental health support. We address the needs of children, adults, and families with compassion, expertise, and multiple services that support the person's whole health.

Through various programs and initiatives, we aim to provide integrated care that encompasses emotional, psychological, and social well-being. We believe in the power of community and the significant impact of support systems in fostering resilience and recovery. This month, we celebrate the journey of those struggling with their mental health and honor the professionals, volunteers, and supporters who work tirelessly to make a difference. Join us in raising awareness and advocating for better mental health solutions for all.



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2025 HYGIENE DRIVE, NEEDS YOUR SUPPORT

We are kicking off our Hygiene Annual Drive, a key outreach effort during Mental Health Awareness Month, to support individuals experiencing homelessness and mental health challenges.

By participating, you can help provide essential hygiene items that promote dignity, well-being, and self-care for those in need by hosting a hygiene drive or making a financial contribution.

If you'd like to participate in our Hygiene Drive, please email volunteer@peopleincorporated.org with the following information:

- Your name and email
- Your organization's name
- Which option you would like to participate in, hosting a Drive or Making a Financial Contribution?

TRAINING INSTITUTE: EMPOWERING LAWYERS THROUGH CONTINUING LEGAL EDUCATION

TRAINING INSTITUTE PEOPLE INCORPORATED

As part of their continuing legal education (CLE), lawyers are required to receive one hour of approved education training on mental health and substance abuse. This mandate began in 2025 and reflects the growing recognition of mental health and substance use training within the legal profession.

To support this initiative, the Training Institute offers accredited Continuing Legal Education (CLE) courses approved by the Minnesota State Bar Association. Our training programs are designed to enhance the knowledge and skills of professionals, ensuring they are well-equipped to utilize their training in mental health and substance use. This training not only meets the new legal requirements but also contributes to a more informed workplace environment.

Invest in your team's mental health today by contacting the Training Institute at training@peopleincorporated.org. Our experienced trainers are ready to provide customized training sessions tailored to your organization's needs and make a positive impact on your employees mental health and well-being. For more information and to book a training visit [Training Institute](#).



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