

E-NEWS: JUNE

People Incorporated Mental Health Services

We are pleased to announce the Open House and Ribbon-Cutting ceremony for People Incorporated's Healing and Dignified Long-Term Home, Shamrock Residence! This modern, trauma-informed home allows residents to live independently in a safe, supportive setting. Shamrock Residence is focused on ensuring that those who live there maintain dignity in a place they call home as they continue their mental health journey.

PEOPLE INCORPORATED SHAMROCK RESIDENCE, MINNEAPOLIS, MN



We are excited for this space, and as we look forward to what's to come, Shamrock Residence will be the blueprint and model for future locations. As the newest of our locations, this home includes private bedrooms with ensuite baths, shared community spaces, and full accessibility, including elevator access.

**Looking for a way to donate and support
adults aging in a safe, dignified, and supportive home?**

Visit [Here!](#)

Artability & Minnesota Twins Mental Health Day!

People Incorporated had a great time attending and singing at the Minnesota Twins Mental Health Day Game! We also enjoyed hosting the Artability Table, where game attendees could paint on two canvases. Through our partnership with the Twins, we gave this communal art piece back to the team and stadium to continue the conversation about art and mental health!



Continuing the Conversation: Recognizing Mental Health Beyond Awareness Month

In May, we celebrated Mental Health Awareness Month, a time to spotlight the work being done to support individuals and families in their mental health journeys. Our commitment to recognizing mental health continues on throughout the year.

As we move into June and beyond, here are some ways we can keep celebrating mental health for our clients, their families, and ourselves:

- Keep conversations about mental health going to help reduce the stigma associated with it.
- With the upcoming summer months, find time to ground yourself and connect with nature.
- Take advantage of the flexible and online resources to make appointments, seek support, and access additional services.



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A SECOND CHANCE: HOW YOUR SUPPORT TRANSFORMS LIVES

Every day, your generosity helps someone rewrite their story. Take someone who came to People Incorporated after years of housing instability. With access to our supportive housing program, this individual found a roof over their head and a community that believed in them. Your donations make these transformations possible by providing a home.

SAVE THE DATE: JULY 23RD AT 8:00 AM COMMUNITY CONVERSATIONS AND CONFERENCE

This summer, the Training Institute will partner with People Incorporated Mental Health Services to host the 2025 Community Conversations and Conference. This half-day conference is designed to bring professionals,

**TRAINING
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community members, and thought leaders together for a panel discussion and training session on how uncertainty affects mental wellness, and how we can move forward with empathy, insight, and action.

The theme this year is: Navigating Uncertainty. Attendees will explore how individuals, professionals, and communities navigate mental health in times of change, instability, and unknowns.

There are Continuing Education Units (CEUs) available for eligible professionals. The cost for this conference is \$25.



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