



E-NEWS: MARCH

People Incorporated Mental Health Services



PEOPLE INCORPORATED CEO JILL WIEDEMANN-WEST RECEIVES EXCELLENCE IN HEALTHCARE AWARD

People Incorporated proudly announces that our esteemed CEO, Jill Wiedemann-West, has been honored with the Excellence in Healthcare Award at Health 2.0 conference. Jill Wiedemann-West's recognition at the Health 2.0 conference is a testament to her exceptional work and the impact of People Incorporated. Her leadership continues to inspire and drive significant progress in mental health services, promoting greater understanding and care for individuals in need.

Under Jill Wiedemann-West's visionary leadership, People Incorporated has significantly advanced its mission to support individuals facing mental health challenges. Her dedication to promoting holistic and equitable healthcare has transformed countless lives and strengthened community well-being.



The Health 2.0 conference provided an engaging platform for Jill and other leaders to discuss critical issues in healthcare. Jill's panel discussion titled "Beyond the DSM," allowed her to emphasize that health equity and recovery cannot be simplified into a linear set of symptoms and presentations. Instead, professionals must consider the intricate individual complexities and social determinants that influence each person's whole health. Her insights resonated deeply with the attendees, sparking meaningful conversations about the future of mental health care.

Empowering Communities: Spotlight on People Incorporated's Waiver Case Management Team

People Incorporated is thrilled to spotlight our Waiver Case Management Team in St. Louis County, Minnesota!

In 2023, Starting with just three dedicated case managers, we began our mission in St. Louis County to support individuals and families grappling with mental health challenges. Today, the team has grown exponentially, boasting 20 compassionate case managers who serve over 500 clients and receive an average of 30 referrals each month. The growth of our Waiver Case Management Team is a testament to People Incorporated's investment in and dedication to the St. Louis County community.

As donors, community partners, individuals, and organizations, your support drives our mission and enables us to reach more people in need. Together, we are making a difference—one person, one family, and one community at a time. We are grateful for your continued partnership and look forward to evolving our programs to better serve St. Louis County and beyond.



St. Louis County Team

NEW CALLINGS

The Beacon of Hope: A Story of People Incorporated's Client Needs Fund

People Incorporated is an organization dedicated to supporting individuals on their mental health journey. Among their numerous initiatives, one stands out as a beacon of immediate relief and lasting impact—the Client Needs Fund.

Funded by generous donations from People Incorporated employees and compassionate external donors, the Client Needs Fund is designed to provide one-time financial assistance to clients facing unexpected hardships.

One heartwarming example comes from the People Incorporated Corrections Integrated Support Program. A client who spent numerous years in prison worked diligently with the team to secure and find a home. Privacy was vital for the client's mental health, so People Incorporated used the Client Needs Fund to purchase and install curtains for the client's new home. When the curtains were finally in place, the client was beaming with pride for his space. One employee expressed joy in supporting clients when they do not know where to turn, saying, "It's amazing!"

Stories like this highlight the profound impact of the Client Needs Fund. As donors and community partners, your contributions fuel this vital resource, offering hope and stability to many.



651-774-0011



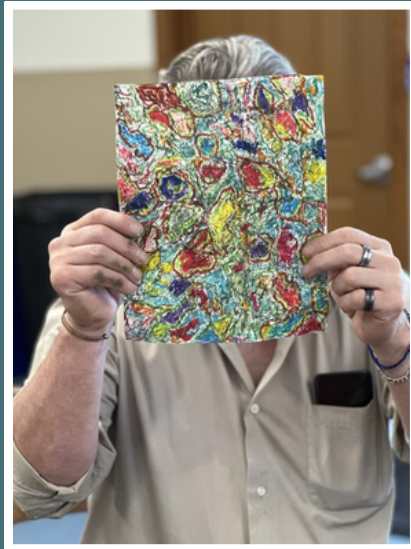
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COMMUNITY

Art, community, & mental health combine at
Why Artability Workshops?



We're on the verge of a cultural shift where the arts are becoming a powerful, accessible solution for well-being.

Research by Magsamen and Ross reveals that engaging in an art project for just 45 minutes can reduce stress by lowering cortisol levels, regardless of skill level. Even one art experience per month can add up to ten years to your life.

The arts offer more than stress relief—they enhance cognitive skills, improve learning, and foster deep emotional connections. Doctors are even prescribing museum visits for conditions like loneliness and dementia.

Our free, low barrier, no strings attached art program taps into this growing body of knowledge, providing a space for creativity that supports mental health and builds stronger, healthier communities. Our Artability program is unique, and sets us apart from many other mental health providers! Join us in embracing the transformative power of art for a more vibrant, connected future.

ARTABILITY

2025 Workshops

We are excited to continue grow our Artability program throughout communities in Minnesota. Whether you're in Minneapolis, St. Paul, or Burnsville, workshops are available to you!



Monday, March 10th

Saturday, March 15th

Sunday, April 13th

Sign up!

Additionally, we are starting guided workshops for participants aged 55+ each month, at V3 Sports Center and Rivers Retirement Community. Check our Eventbrite (linked above) for more details!

Seeking partners for our 2025 Artability Art Show & Sale!

We eagerly await our next Artability Art Show & Sale, coming on October 24, 2025! We are now seeking sponsors, without whom this epic annual showcase would not be possible. Sponsorship is available at many levels - reach out to us to learn more and find out which package works best for you and your company! Contact

communications@peopleincorporated.org

for all sponsorship inquiries.



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