After over two years with People Incorporated, Pathways graduate Madie Clabaugh is now transitioning to a role as an Emergency Medical Technician (EMT) in the Emergency Department at Children’s Minneapolis. After a transformative experience as a Pathways trainee and then as a mental health practitioner in People Incorporated’s programs, Madie discovered her passion for psychiatry and is pursuing a career in medicine.

Madie’s journey began right after college with a search for a role in the mental health field. Not entirely sure of her desired direction within mental health, she stumbled upon the Pathways program. What drew her in was the program’s promise of exposure to various settings and sites, providing a comprehensive introduction to the field.

The Training Institute is moving enthusiastically into the new year after a successful 2023. In the ever-evolving landscape of professional development, the Training Institute achieved remarkable milestones, continuing to solidify its reputation as a leader in training and development.

1. 800 hours of training were delivered, equipping participants with valuable skills and insights.
2. The Institute conducted over 400 individual training sessions on a range of topics, from De-escalation to Trauma-Informed Supervision to Compassion Fatigue and Burnout.
WHY I GIVE

We are new donors because we became aware of the wonderful work that People Incorporated does.

A friend of our son’s was diagnosed with a mental illness as a younger adult. He had always been a very thoughtful person - and remains that way. However, he experienced some serious troubling issues within his family just as he was reaching adulthood. Since then, his life has been very difficult and now he no longer has any remaining family. We tried to help but felt so helpless knowing we weren’t able to give the direction he needed.

People Incorporated has been a terrific connection for him. He raves about the wonderful people and the support that he is receiving.

It has given us some peace of mind knowing that he has the support of caring and skilled people as he continues this journey; a journey that requires so much courage and strength.

- Anonymous first-time donor to People Incorporated

IN THE NEWS

People Incorporated Hosts a Housing Forum

On Wednesday, January 10, People Incorporated hosted a Housing Forum to gather prominent voices in the realm of housing and homelessness in our local communities. We were excited to welcome the Honorable Mike Howard, chair of the Housing Committee for the Minnesota House of Representatives, as a special guest for the forum, including guests from NAMI, Touchstone Mental Health, Radius Health, Hearth Connection, as well as parents of adult children dealing with mental health challenges.

In the wake of unprecedented investments in housing throughout Minnesota, the forum established a robust dialogue on the current challenges in housing, the desperate need, and how these investments can better serve Minnesota overall. Forum attendees identified some of the gaps between community provider mental health, housing support organizations, and county legislators, and they discussed how the approved funds for housing can be distributed to positively impact individuals with mental illness – especially those experiencing unsheltered homelessness.
OPEN ARMHS:

A new adult rehabilitative mental health services group hosted at NCSP.

Open ARMHS is a group curriculum built around Enhanced Illness Management and Recovery, a rehabilitative practice designed to assist individuals in improving their quality of life. Open ARMHS is designed to promote social connectedness by bringing participants together to practice healthy goal-setting and achievement.

For more information or to sign up, call NCSP at 612-521-2116.

NORTHSIDE COMMUNITY SUPPORT PROGRAM

Pool, Spades, BINGO!, and Wii (new)

Join us for fun and games all month long! Pool tournaments on the 6th and 20th at 1:00 pm; Spades tournaments on the 1st and 15th at 1:00 pm. We’re also hosting BINGO! on the 13th at 1:00 pm and a Wii tournament on the 19th at 11:00 am.

Birthday Celebration

Join us in a celebration! All are welcome to stop in for birthday treats at the end of the month to celebrate all February birthdays.
Thursday, February 29th, all day

Community Meal

Once a month, we provide a free meal from a local restaurant. Stop in to grab a bite to eat and socialize.
Tuesday, February 27th at 11:00 am

Interested in becoming a Northside Community Support Program member?

Membership is FREE and available to any adult resident (18+) of Hennepin County who is living with a serious mental illness. Members receive access to community-based services such as recreational activities, support for job seekers, housing support, therapy, occupational therapy, art therapy, ARMHS services, and community events. Call 612-521-2116 to see if you’re a fit.
COMMUNITY
On January 31st, we enjoyed a fun kick-off to 2024 with donors and sponsors of our upcoming Gala. We hosted our celebration at Thrive Bar in the downtown Lifetime Fitness in partnership with Tru Pettigrew, Chief Impact Officer of the Minnesota Timberwolves and the Lynx, and Jeremy Sutherland, Owner and CEO of socially conscious clothing brand Hybrid Nation. We are excited to foster these connections as we prepare for the Gala on May 2, 2024.
There’s still time to become a part of this impactful event by becoming a Gala sponsor! Reach out to give@peopleincorporated.org for more information.

ARTABILITY
The 2024 workshop schedule is LIVE on our website!
Click on the “Artability” tab and then “Artability Workshops” on the left panel. You will find a registration link for all workshops offered throughout the 2024 calendar year.
We hope you join us in experiencing the healing, community, and FUN of our Artability workshops!

THE TRAINING INSTITUTE
The Training Institute has a number of new classes for 2024 that we will be running during the first half of the year. Check out these classes and register by clicking on each class title:

- Advanced De-escalation
- Managing Former Peers
- Coaching Employees
- Delegating the Right Work

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