In late 2023, Our Saviour’s Community Services (OSCS) acquired a grant from the Medica Foundation to embed a mental health professional into their Emergency Shelter to provide direct mental health support to guests at the shelter and help shelter staff grow in their competencies for working with individuals with severe and persistent mental illness and/or substance use disorders. OSCS chose People Incorporated as their partner for this 12-month pilot project, which began in January and will continue through the end of 2024.

Kristi Betker, Mental Health Therapist, is now spending eight hours each week onsite at the Our Saviour’s Housing Emergency Shelter working with individual guests to develop therapeutic relationships.

PROGRAM FEATURE: LONG-TERM RESIDENTIAL HOUSING SERVICES

Through Long-Term Residential (LTR) Housing Services, People Incorporated offers long-term supportive services in a community, residential housing setting, supporting around 90 clients annually. These residential programs provide both 24-hour care and other business/on-call services during the day to support residents with accessing the community to meet their individual needs.

LTR Housing Services partners with both internal and external care teams to provide an integrated care approach to support clients’ journeys with their mental health needs.

Nine 4-bed programs across the greater Metro area (including Anoka, Dakota, Hennepin, and Washington counties) provide services 24 hours a day, seven days a week with on-site staff at all times.
In the News

CEO Jill Wiedemann-West on HUMANATY Podcast, Hosted by Mana Moini

On Monday, February 26th, People Incorporated CEO Jill Wiedemann-West was featured on HUMANATY, a podcast by Mana Moini that covers a range of topics encouraging kindness, gratitude, vulnerability, and unity. The episode – only the second ever for the newly launched podcast – is called “Power of Community.” In it, Jill discusses People Incorporated’s person-centered and community-based approach to mental health care in Minnesota.

“Jill’s perspective is invaluable,” said Mana. “We discussed how we all have mental health. The more we talk about it and create a sense of community, the better it is for the movement. We can do more when we combine our best thinking and actions.”

You can watch and/or listen to the full episode here or by searching on YouTube, Spotify, or Apple Podcasts.

Individual Gala ticket sales are LIVE!

People Incorporated’s 2024 Gala will combine two powerful elements: Mental Health and Sports. This event aims to elevate the conversation many prominent athletes have championed – taking care of one’s mental health is critical to our well-being. We’ll talk about the crucial relationship between physical health, optimal performance, and mental and emotional well-being. By supporting this event, you’ll be championing a healthier community and fostering critical, open conversations about the role of mental health in our individual and collective lives. Join us in making a lasting difference in your community.

Notable Guests:

Jay Glazer, emcee
Cris Carter, keynote speaker
Mr Peter Parker, guest DJ

Tickets starting at $150

PURCHASE YOURS HERE

www.peopleincorporated.org
March: Focus on Self Care & Wellness

Join us for self care & wellness opportunities throughout the month of March.

- **Journaling & Writing** | Monday, March 11th at 11:00 am
- **Barber with Jake** | Thursday, March 14th at 11:00 am
- **Yoga** | Monday, March 18th at 1:00 pm
- **Journaling & Writing** | Monday, March 25th at 11:00 am

**Minneapolis Institute of Art**

**Tuesday, March 26th | 10:00 am to 12:00 pm**

Join us for a group outing to the MIA! Meet at NCSP that morning.

**Click to see the full March event calendar on our website:**

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**NORTHSIDE COMMUNITY SUPPORT PROGRAM**

**Pool, Jeopardy, BINGO!, and Trivia**

Join us for fun and games all month long! Pool tournaments on the 5th and 19th at 1:00 pm; Jeopardy on the 11th at 1:00 pm. We’re also hosting BINGO! on the 12th at 1:00 pm and Trivia on the 21st at 1:00 pm.

**Birthday Celebration**

Join us in a celebration! All are welcome to stop in for birthday treats at the end of the month to celebrate all March birthdays.

**Thursday, March 28th, all day**

**Community Meal**

Once a month, we provide a free meal from a local restaurant. Stop in to grab a bite to eat and socialize.

**Monday, March 18th at 11:00 am**

**Interested in becoming a Northside Community Support Program member?**

Membership is FREE and available to any adult resident (18+) of Hennepin County who is living with a serious mental illness. Members receive access to community-based services such as recreational activities, support for job seekers, housing support, therapy, occupational therapy, art therapy, ARMHS services, and community events. Call 612-521-2116 to see if you’re a fit.

651-774-0011  info@peopleincorporated.org  3000 Ames Crossing Rd, Eagan, MN 55121

www.peopleincorporated.org
COMMUNITY

We have a new website!

Introducing the new and improved www.peopleincorporated.org.

Our brand new website illustrates our 20 plus programs, newly organizes the mental health resources we offer, and increases accessibility for those seeking quality and compassionate mental health care. Special thanks to Justin Vagle + Seven Creative Co. for the creative design and direction. Click below to check it out!

ARTABILITY

With the launch of our new website, we are excited to streamline our Artability workshop calendar and registration process by integrating everything within Eventbrite. As part of this transition, please note that we won’t be featuring a visual monthly calendar on our website; instead, all classes for the entire year will be conveniently accessible through Eventbrite, allowing you to easily search, browse, and sign up for your preferred sessions. Check it out here!

We have been seeing significant increases in class registrations and attendances in 2024, and we are always excited to welcome new artists to Artability! Sign up for a workshop or refer a friend today.

THE TRAINING INSTITUTE

The Training Institute is excited to start on a year-long leadership consultation partnership with The Aliveness Project, a Minneapolis-based nonprofit that supports people living with and at the greatest risk of HIV. Our instructors will be helping supervisors and managers in regular, customized sessions to address a wide range of staff and organizational development topics.

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