

E-NEWS: SEPTEMBER

People Incorporated Mental Health Services



TALKING ABOUT THE UNTHINKABLE: NATIONAL SUICIDE PREVENTION MONTH

by Training Institute Director Russ Turner

In the campaign “Make It OK,” the goal is to reduce the stigma of mental illness to encourage people to talk about their psychological pain with someone. Talking about one’s anguish with someone who is listening reduces the burden of that pain.

Consider the case of wanting to die. How is it possible to talk about something like that?

For most people, the answer would be that it’s impossible, keeping those thoughts to oneself, letting them fester and grow.

[Read More](#)

NEW CASE MANAGEMENT SERVICES IN SAINT LOUIS COUNTY

In March 2023, People Incorporated received the opportunity to expand our case management services into Saint Louis County. In just a few short months, the program has experienced immense growth, speaking both to the unique needs of the community and the County’s trust in People Incorporated. The team is thrilled to be able to offer case management services to a new demographic and geographic region in the state of Minnesota.

Program Supervisor Jenna Gilbert was a part of the original three employees who started in this program earlier this year. But in just five months, the team has grown to be much larger.

[Read More](#)

CELEBRATE PEOPLE INCORPORATED'S NEWEST PROGRAM AT 3633 CHICAGO AVENUE

In May, we announced the acquisition of People Incorporated's newest hybrid crisis and intensive residential treatment services (IRTS) program in South Minneapolis, located at 3633 Chicago Avenue. The building features 13 single-occupancy bedrooms with private bathrooms, ensuring clients have the privacy they need during their journey to recovery. It also features access to indoor and outdoor spaces for gathering.

This month, People Incorporated is hosting an open house and ribbon-cutting event to celebrate.

Join us for a meet & greet, ceremony, and tours of the new program ahead of its official opening.

**Tuesday, September 26th
11:30 am - 2:30 pm
3633 Chicago Avenue
Minneapolis, MN 55407**

This event is free and open to the public, and we hope to see you there!

SHARE YOUR GIVING STORY

Have you generously given a gift to People Incorporated? Do you volunteer your time or in-kind services to our programs? Are you a fierce advocate for our mission?

We want to hear from you!

Mental health means something different to everyone, and we want to know why you decide to strengthen community mental health through your support of People Incorporated. Our shared passion is what makes us such a powerful community. Reach out to us at give@peopleincorporated.org to share your story.



651-774-0011

info@peopleincorporated.org

3000 Ames Crossing Rd, Eagan, MN 55121

Program Goals

- Address food insecurity in a food desert, making healthy options more available to North Minneapolis residents
- Close the gap in local disparities related to housing stability, mental health, and physical health
- Provide free events for the community to gather at, such as Mobile Health Day or a summer cookout

Services

- Assistance with paperwork related to your benefits (SSI, food support, employment applications)
- Supportive counseling
- Peer support
- Recreational activities
- Psychosocial education and support groups
- Family education
- Resources for housing programs

NORTHSIDE COMMUNITY SUPPORT PROGRAM

Drop-In Hours:

Monday - Thursday
9:00 am - 3:00 pm

Address:

1309 Girard Ave N
Minneapolis, MN 55411

Contact:

612-521-2116

The Northside Community Support Program (NCSP) is a free, membership-based program in North Minneapolis that helps adults overcome the challenges of mental illness, trauma, COVID, and more. Providing access to community-based services, therapy, emergency food, employment supports, legal assistance, and more.

NCSP welcomes any adult resident (18+) of Hennepin County who is living with a mental illness, trauma, and other challenges. Many members also experience substance use or have other co-existing disorders. NCSP frequently assists with the immediate needs of at-risk individuals.



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COMMUNITY

We had a blast supporting NAMI Minnesota at Mental Health Day at the Minnesota State Fair! CEO Jill-Wiedemann West was featured as a guest on a Medical Alley special podcast episode and even emceed one of the day's events.



ARTABILITY

We kicked off our new youth- and family-friendly Artability workshops in George Floyd Square on August 23rd, where attendees enjoyed learning about torn paper collages. We are eager to grow and see new faces each month at the Square!

Our next workshop is

Acrylic Painting

on September 21st!

[RSVP here](#) or on the Artability page on our website.



THE TRAINING INSTITUTE

We're excited to welcome three new out-of-state members!

The Council for the Homeless, based in Clark County, Washington, provides not just immediate assistance but also long-term strategies to address the root causes of homelessness. Through compelling advocacy and community partnerships, the Council for the Homeless aims to create a lasting change for unhoused populations.

Milagro House takes a multifaceted approach to combating homelessness by providing education, housing, and support services to women and their children. By addressing the unique needs of this demographic, Milagro House empowers vulnerable families to break the cycle of homelessness and build brighter futures.

Choctaw Behavioral Health represents a powerful example of culturally sensitive and community-driven healthcare for the American Indian population in Southeastern Oklahoma. Guided by a philosophy rooted in preserving dignity and cultural values, they operate a hospital and multiple clinics throughout the Choctaw Nation reservation.



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