

E-NEWS: OCTOBER

People Incorporated Mental Health Services



A SPECIAL VIDEO MESSAGE FROM PEOPLE INCORPORATED CEO, JILL WIEDEMANN-WEST

Click the image to view a special message from Jill Wiedemann-West. As People Incorporated enters the fourth quarter of the year, there is so much to celebrate: a successful Open House of our newest residential program, the upcoming Artability Art Show & Sale, major strides in our Data Enterprise initiative, and other exciting events to look forward to throughout the rest of 2023. [Watch the full video to learn more.](#)

**OCTOBER 10TH IS
WORLD MENTAL
HEALTH DAY**

PROGRAM FEATURE: ARTABILITY

The Artability program provides free art workshops both internally in People Incorporated's residential and treatment programs and externally to community members who identify as having a mental illness. Each October, the program culminates in an art show for the public to promote mental health in the community, at which participating artists have the opportunity to showcase and sell their artwork. Not only does Artability provide a space for participants to tap into the creativity within themselves, but it presents art as a powerful tool for self-expression, healing, personal growth, and fun.

In 2023, the Artability program has experienced exciting transformations.

[Read More](#)

OPEN HOUSE & RIBBON CUTTING



We are so grateful to all the community members who joined us on September 26th for the Open House and ribbon cutting ceremony for our newest hybrid crisis and intensive residential treatment services (IRTS) center at 3633 Chicago Avenue. Minnesota Department of Human Services Commissioner Jodi Harpstead spoke about the revolutionary nature of People Incorporated's hybrid model, and we were joined by representatives from KARE 11, MPR, WCCO Radio, and FOX 9. The 13-bed, single-occupancy program officially opens to clients on October 18th, 2023.

WHY I GIVE

"Having People Incorporated [during my son's mental health crisis] was such a huge relief. What you stand for is so valuable, and I could never repay you. People Incorporated saved my son's life. You are responsible for my son's success. I will always give to People Incorporated, because you do something that nobody else dares to do."



Kathie Doerr, People Incorporated donor since 1996



651-774-0011



info@peopleincorporated.org



3000 Ames Crossing Rd, Eagan, MN 55121

October Member Events:

Sculpture Garden Outing

Thursday, October 5 | 11:00 am

Art Class: Pumpkin Painting

Wednesday, October 11 | 12:00 - 2:00 pm

Trivia Games Day

Monday, October 16 | 12:30 pm

Community Meal

Thursday, October 19 | 12:00 pm

Bingo

Tuesday, October 24 | 1:00 pm

join us for our

Winter Gear Drive Giveaway Event

New and gently used coats, scarves, hats, gloves, and blankets available! Giving away both adult and youth sizes.



Northside Community Support Program parking lot (1309 Girard Ave. N, Minneapolis, MN 55411)



Wednesday, October 18 from 10:00 am - 1:00 pm



NORTHSIDE COMMUNITY SUPPORT PROGRAM

The Northside Community Support Program (NCSP) is a free, membership-based program in North Minneapolis that helps adults overcome the challenges of mental illness, trauma, COVID, and more. Providing access to community-based services, therapy, emergency food, employment supports, legal assistance, and more.

NCSP welcomes any adult resident (18+) of Hennepin County who is living with a mental illness, trauma, and other challenges. Many members also experience substance use or have other co-existing disorders. NCSP frequently assists with the immediate needs of at-risk individuals.



651-774-0011



info@peopleincorporated.org



3000 Ames Crossing Rd, Eagan, MN 55121

COMMUNITY

Join us in spreading holiday cheer this season by participating in our Holiday Drive, running from October 1 to November 24. We're seeking donations of shoes, sweat suits, and hygiene products to make a difference in the lives of those in need.

Drop off your contributions at
3000 Ames Crossing Road, Suite 600,
Eagan, MN 55121



or simplify your giving [by clicking here](#)
and [visiting our convenient Amazon](#)
[wish list.](#)

ARTABILITY

The Artability Art Show & Sale at the Union Depot is right around the corner!

Opening Night

Friday, October 27

6:00 - 9:00 pm

Closing Exhibit

Saturday,

October 28

10:00 am - 3:00 pm



THE TRAINING INSTITUTE

Here at the Training Institute, things look different from what they were a few years ago. Prior to 2020, if you had a class to get to, you'd have fully dressed for the day, headed to a classroom in Eagan, and sipped on tea or coffee from a paper cup while waiting for class to begin. You'd be seated in a room with dozens of others, mostly People Incorporated staff. Maybe there would be a few people from other agencies, but mostly mental and behavioral health agencies. Join a class today, and you'll likely be checking your email for a Zoom link and pouring coffee into your own mug while you wait for class to start. Throughout class, as people chime in and discuss their own situations, you may even realize that not everyone works in the mental or behavioral health field, or even human services, but you're still all in a class together and the topic is relevant to employees from fire departments to public libraries to medical clinics.

Another change is that many classes are shorter. We recently created a Coffee Break series for busy leaders, which is a series of deep dives into specific small topics that are covered in our Developing Strong Staff class. We have had a great response to the new format, and in September, we're running them all again. As the landscape of mental health education changes, so does the Training Institute.



651-774-0011



info@peopleincorporated.org



3000 Ames Crossing Rd, Eagan, MN 55121