

# E-NEWS: JULY

People Incorporated Mental Health Services



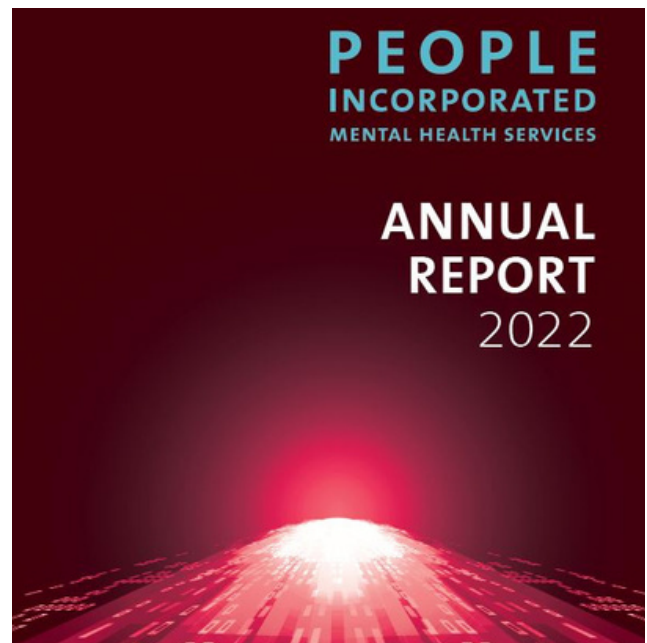
## JULY IS MINORITY MENTAL HEALTH AWARENESS MONTH

July is Minority Mental Health Awareness Month, a time to recognize and acknowledge the various ways mental health disparities occur in minority groups, ultimately impacting the level of care available to them.

Among adults with any mental illness in the year 2015, 48% of white people received mental health services compared to 31% BIPOC individuals. Individuals from marginalized communities may experience reduced access, language barriers, discrimination in treatment settings, and/or higher levels of stigma, affecting their ability to get mental health treatment at all.

**The Pathways program at People Incorporated intends to change this.**

[Read More](#)



## OUR 2022 ANNUAL REPORT IS LIVE!

We're thrilled to announce the completion of our 2022 Annual Report, a comprehensive summary of our triumphs and impact last calendar year. [Visit the Newsletters and Annual Reports page on our website](#) to take a look.

## SHOWING OUR PRIDE IN LORING PARK



People Incorporated was honored to represent community mental health with a booth at the annual Twin Cities Pride Festival on June 24th and 25th. All weekend long, we met with festival-goers and shared resources about our 20 plus programs. To read more about the Equity, Diversity, and Inclusion initiatives at People Incorporated, [take a look at the article by EDI Coordinator, Juliana Martinez Fajardo, located in the News section of our website.](#)

### PROGRAM SPOTLIGHT: TELEMEDICINE SERVICES

People Incorporated has proudly offered telemedicine services since the pandemic began in 2020. Like most other agencies, we didn't offer any virtual mental health services before the pandemic changed our landscape; this compelled us to adapt, and now, it is a core practice within our programs.

Kylie Otte, a Mental Health Therapist at our Family Life Center outpatient clinic, serves about half of her regular clients through telemedicine.



[Read More](#)



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June 8th, 2023  
NCSP and Erskine Gives Back: a member event celebrating being a part of the NCSP community

June 11th, 2023  
Twin Cities World Refugee Day: NCSP booth with fresh fruit, handouts, and a community art project

June 17th, 2023  
Juneteenth Celebration: NCSP team handed out resources and connected with community members and partners

June 13th, 2023  
Cooking Classics: in June, members learned how to make strawberry shortcake

# NORTHSIDE COMMUNITY SUPPORT PROGRAM



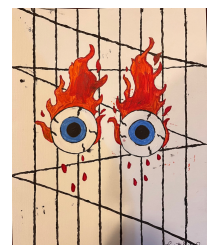
June 11th, 2023  
Twin Cities World Refugee Day: NCSP Staff Emily and Andrea with Governor Tim Walz

In June, the NCSP attended CAPI's Twin Cities World Refugee Day, Brooklyn Center's Juneteenth Celebration, and Northpoint's Free Fresh Food Friday. Throughout the month, NCSP also hosted People Incorporated and Erskine Gives Back, Yard Game Day, and went to the Como Zoo.

Coming up in July, NCSP will be attending North Minneapolis' Pet Resource Center's Community Pet Clinic and Northpoint's Free Fresh Food Friday. NCSP will also be hosting Catch of the Day: Fantastic Fishing Day, Community Tie-Dye Event, Member Picnic, Outing to the MN History Museum, and collaborating with Taurus Moon Health and Wellness for a yoga class.

## African American Music Appreciation Month and Pride Month

Every Wednesday, NCSP art class works on a different style, genre, or medium of art. In June, we focused on picking a song performed by either an African American or LGBTQIA+ artist and drew inspiration from the song to create a piece of art.



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## COMMUNITY

With the purchase of our new Hybrid IRTS/Crisis program at 3633 Chicago Avenue, we are eager to engage with the surrounding South Minneapolis community. We participated in the Rise & Remember Festival on May 27 and many community members helped us complete this mural that we will donate to the George Floyd Global Memorial.



## ARTABILITY

### SAVE THE DATE!

*Artability Art Show & Sale 2023*

**Friday, October 27 Opening Night**

6:00 - 9:00pm

**Saturday, October 28**

10:00am - 3:00pm

*To learn more about our available classes, please visit [the Artability page on our website](#).*

## THE TRAINING INSTITUTE

The Training Institute was formed to help People Incorporated fulfill its mission to be a thought leader in the community.

Each year for the past five years, the Training Institute in partnership with Global Minnesota has provided training to overseas visitors who come to the United States courtesy of a program called the International Visitor Leadership Program, which is sponsored by the US Department of State. They do this to network and learn about current best practices in this country in their area of service delivery.



In the past, we've worked with groups from South Korea, Central America, Africa, Iraq and recently, this group from the Palestinian Territories. The attendees were counseling psychologists and psychiatrists who provide crucial mental health services for youth in the Palestinian Territories.



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